

**ASMST.**

American Society for Medical Shockwave Treatment



**2025**

**ANNUAL SUMMIT**

March 7–9, 2025 | Boston, MA

Advance the Future of Shockwave Medicine

# WELCOME TO BOSTON

## SCHEDULE

### FRIDAY, MARCH 7

5:00 PM	WELCOME RECEPTION	Atlantic Ballroom
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### SATURDAY, MARCH 8

7:00 AM	REGISTRATION	
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8:00 AM	OPENING REMARKS	
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8:15 AM	<b>Introduction of the ISMST</b> Prof. Dr. Carlos Leal	
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8:30 AM	<b>Physical Principles of Shockwave</b> Prof. Dr. Wolfgang Schaden	Pacific Ballroom
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9:00 AM	<b>Biological Effects of ESWT</b> Prof. Dr. Wolfgang Schaden	
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9:30 AM	<b>Presentation of the Different Devices</b> Shockwave Manufacturers	
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10:00 AM	COFFEE BREAK	Atlantic Ballroom
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10:15 AM	<b>Basic Principles and Applications</b> Prof. Dr. Carlos Leal	
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10:30 AM	<b>Possible Complications</b> Prof. Dr. Karsten Knobloch	
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10:45 AM	<b>ESWT for Bone</b> Prof. Dr. Wolfgang Schaden	Pacific Ballroom
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11:00 AM	<b>ESWT for Myofascial Pain</b> Prof. Dr. Ludger Gerdesmeyer	
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11:15 AM	<b>Preparation of the Patient for the First Treatment</b> Prof. Dr. Wolfgang Schaden	
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12:00 PM	LUNCH	Atlantic Ballroom
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1:00 PM	<b>ESWT for Shoulder Pathology</b> Prof. Dr. Ludger Gerdesmeyer	
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1:30 PM	<b>ESWT for Elbow Pathology</b> Prof. Dr. Ludger Gerdesmeyer	
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2:00 PM	<b>ESWT for Wrist and Hand</b> Prof. Dr. Karsten Knobloch	Pacific Ballroom
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2:30 PM	<b>Demonstration:</b> ESWT for Shoulder Pathology ESWT for Elbow Pathology ESWT for Wrist and Hand	
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3:15 PM	BREAK	Atlantic Ballroom
3:45 PM	<b>ESWT for Foot and Ankle and Use of Dx Ultrasound</b> Prof. Dr. Karsten Knobloch	Pacific Ballroom
4:00 PM	<b>ESWT for Patellar Tendon and Hip</b> Prof. Dr. Carlos Leal	
4:30 PM	<b>Demonstration:</b> ESWT for Foot and Ankle and Use of Dx Ultrasound ESWT for Patellar Tendon and Hip	
5:30 PM	<b>Exhibit Hall and Hands-on Teaching</b>	Atlantic Ballroom
<b>SUNDAY, MARCH 9</b>		
7:30 AM	REGISTRATION/BREAKFAST	Atlantic Ballroom
8:00 AM	<b>ESWT for Osteoarthritis</b> Prof. Dr. Carlos Leal	Pacific Ballroom
8:30 AM	<b>ESWT as a "Team Player" in Soft Tissue Regeneration</b> Prof. Dr. Ludger Gerdesmeyer	
9:00 AM	<b>Closing: Research and Future Directions</b> Prof. Dr. Wolfgang Schaden	
9:30 PM	COFFEE BREAK	Atlantic Ballroom
10:00 AM	<b>Use in Return to Sport</b> - Dr. Joshua Goldman	Pacific Ballroom
10:20 AM	<b>Rehab Strategies</b> - Dr. Karin Silbernagel	
10:40 AM	<b>Perioperative Shockwave</b> - Dr. Amol Saxena	
11:00 AM	<b>Use in the Military</b> - Dr. Jenny Yuan	
11:30 AM	<b>Indications and Treatment Protocols in Teenage Athletes</b> - Dr. Jay Spector	
11:30 PM	<b>Panel Discussion</b> Moderated by Dr. Robert Monaco	
12:00 PM	LUNCH WITH EXHIBITORS	Atlantic Ballroom
1:00 PM	<b>Lessons from Delphi</b> - Dr. Jennifer Soo Hoo	Pacific Ballroom
1:20 PM	<b>Top Articles of 2024</b> - Dr. HC Rhim	
1:40 PM	<b>Biological Responses to ESWT</b> - Dr. Nicole Katz	
2:00 PM	<b>Biologics and Shockwave</b> - Dr. Joanne Borg-Stein	
2:20 PM	<b>Outcome Measures</b> - Dr. Adam Tenforde	
2:40 PM	<b>Cases/Panel Q&amp;A</b> Moderated by Dr. Adam Tenforde	
3:00 PM	CLOSING REMARKS	Pacific Ballroom

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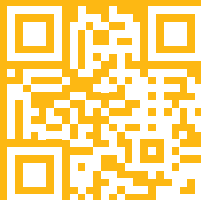
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